

In RE, PE and PSHE we are learning to:

- How our beliefs affect our behaviour.
- Balance and co-ordination techniques using games.
- Healthy lifestyles and dental care -brushing our teeth with the dental nurse.

Wow Factor and Visits:

- Visit from the oral health nurse.
- Fruit tasting party.

Key Vocabulary:

Animals	Vitamins
Minerals	Protein
Carbohydrate	Bones
Humans	Muscles
Nutrition	Support
Nutrients	Movement
Skeleton	Spine
Ribs	Skull
Healthy diet	Balanced diet
Vertebrate/Invertebrate	
Protection	

In English we are learning to:

- Write and perform a motivational speech for our very own sports team.
- Create our own instructional information leaflet on how to stay healthy.
- Write letters responding to our taste-test request from a local super market.

## Healthy me! Year 3 Topic 1

How can you live a healthy lifestyle?



In Maths we are learning to:

- Secure our knowledge of place value and number bonds.
- Add and subtract three-digit numbers.
- Collect our favourite fruits and put them in a tally chart.

In Art we are learning to:

- Do observational drawings, displaying the shades and colours.
- Create a healthy balanced plate using a range of materials and colours.
- Design and make a human body using junk modelling.

In Science we are learning to:

- Investigate what drinks are good and bad for our teeth and bodies.
- Create a human skeleton and label the bones.
- Find out about animal skeletons.
- Sort and understand the importance of food groups.

In Computing we are learning to:

- Combine text and graphics to present our work.